

## Appendix 1

### VCS Commissioning outcomes 2016/17 - Evaluation Report

Commissioned Work and Costs	Funding allocated	Key outputs/outcomes	No. of hours of direct delivery	No. of beneficiaries	No. of volunteers supporting delivery	No. of paid workers
<p><b><u>Markfield Mayflower Project</u></b> - (Markfield Community Association)</p> <p>To build on the success of the existing Mayflower Club - Provision of co-ordinated support for vulnerable people over the age of 50 and their carers, to enable improved health, happiness and wellbeing.</p> <p>By extending membership to people of all ages and abilities, the housebound and those experiencing loneliness and social isolation</p>	£3,000.00	<p>Successful development and delivery of the Monday afternoon Friendship Club, which attracts an average of 17 members for each session</p> <p>The main weekly Wednesday afternoon club has also seen an increase in members, and significantly increased male membership, with 7 men attending on a regular basis</p> <p>The project facilities enhanced support to members, enabling referrals (with consent) to be made to a range of agencies including Age UK, Adult Social Care, Housing Services, Pride Alarms, and Fire &amp; Rescue.</p>	250	On average 52 every week	5	1

<p>Continuing to provide a coordinated rural information and support service as well as social activities through the Mayflower club sessions</p> <p>Provide an additional Monday afternoon social event</p>		<p>Regular awareness raising sessions are also delivered on a broad range of topics e.g. falls prevention, healthy cooking, scam awareness, etc.</p> <p>Development of confidence and friendships has resulted in members taking part in leisure and wellbeing activities outside of the project e.g. tai chi, adult keep fit, mature movers and even walking football</p> <p>Responded to a need/gap in provision identified by members, resulting in the establishment of a new pilot Mayflower Good Times Together (Dementia support) Club, for people suffering from dementia or its onset and those who care for them</p> <p>Delivery of a Members Satisfaction Survey, whilst showing 100% support for the project, has identified areas for improvement and a 'wish list' of</p>				
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		future activities				
<b><u>Hinckley Helpers</u></b> To expand the current service and provision offered to people experiencing financial difficulties – overseeing sourcing, storage and distribution of donations. Recruitment, management and support for volunteers, enabling volunteers to gain experience, confidence and skills	£550.00	To help vulnerable people in HBBC through difficult times with their wellbeing needs, increase their quality of life and help with their self-worth and confidence.			11	0
<b><u>Hinckley Baptist Pathways – Journey Well with Dementia</u></b>  To extend the social group for people living with dementia, offering stimulating reminiscence activities focusing on individual abilities  Provision of person	£2,562.75	The establishment of a second dementia support group, has resulted in being able to accommodate and offer this provision to all those on the waiting list.  This has had a very significant positive impact on their emotional health & wellbeing of both those suffering from dementia and their carers – this is clearly evidenced	56	19	1	2

centred care, minimising social isolation, encouraging wellbeing and self worth.  Respite provision for carers and families		in the case study/anecdotal evidence at Appendix 2				
<b><u>Emmaus Leicestershire and Rutland</u></b>  To support homeless adults to overcome homelessness, social isolation, low self-esteem and loneliness through provision of a safe home environment, voluntary work, acquisition of new skills, improved health & wellbeing, and healthier life style choices, dedicated support and access to specialist agencies in addressing drugs and alcohol addictions	£5,000.00	Improved confidence, self – esteem and motivation, enabling beneficiaries to make positive changes/decisions to improve their lives  Improved physical and mental health & wellbeing through improved diets, nutrition and physical activity.  A reduction in feelings of social isolation and loneliness, through living in a community and interaction with other beneficiaries and staff.  A reduction in drug and alcohol dependency/ addiction.  Beneficiaries moving on to	235	17	15	1

		independent living				
<b><u>Green Towers Hinckley Club for Young People</u></b>  Delivery of a National Climbing Award, with recognised educational qualifications, aimed at financially disadvantaged young people.  To build confidence, self-esteem, support social cohesion and improve physical and mental health & wellbeing  Provision of a recognised qualification	£2690.00	Young People within the Borough achieving National Climbing qualifications.  Numbers participating exceeded targets set of young people wishing to undertake their NICAS qualifications, therefore additional NICAS sessions have been delivered to support the demand in the project.  Improved physical health and fitness  Increased confidence, self-esteem and self-worth, through achievement leading to improved mental and emotional wellbeing	144	45	3	3
<b><u>Burbage Youth Project-BYP Classic Car Restoration</u></b>  Delivery of a range of activities around car maintenance and classic car restoration, for young	£3762.00	Young people have gained essential skills of vehicle maintenance and restoration  Reduced social isolation/exclusion and increased self-esteem – happier more fulfilled outlook on life and life's	176	21	6	1

people at risk of social isolation/exclusion, enabling the young person to gain skills and knowledge, raise self-awareness, self-esteem and confidence, increased opportunity with apprenticeship, training / employment and work experience in a safe controlled workshop.		<p>opportunities</p> <p>Developed practical and interpersonal employability skills</p> <p>Established new friendships and supported each other's progress</p> <p>Led to participants volunteering in their community, becoming mentors for other young people</p> <p>Funding has helped to sustain the project for future beneficiaries</p>				
<p><b><u>Time Out – Time out for Carers</u></b></p> <p>To enable carers access to an environment to relax together away from their caring responsibilities. Offering a support group for carers to freely express emotions whilst supported by others that understand and have a shared experience</p>	£2404.06	All beneficiaries have expressed that all aspects of the Time Out group has had a very significant positive impact on their emotional health & wellbeing – this is clearly evidenced in the case study/ anecdotal evidence at Appendix 2	96	40	15	1
<p><b><u>ACCEPT- Allotment Project Barwell</u></b></p>	£3,700.00	Previously isolated individuals have an enhanced social life and sense of belonging, having	235	48	10	3

<p>To promote wellbeing, confidence and self-esteem and reduce low lying mental health such as feelings of stress, anxiety and depression. To enable new friendships, social networks, connect with nature and develop skills including gardening, cooking, growing fruit and vegetables and other outdoor related activities in which individuals are interested.</p>		<p>formed friendships via the allotment project, but also by meeting socially outside of the project</p> <p>A greater sense of purpose and structure to life, and actively seeking out other activities in the community to engage with</p> <p>Developed personal confidence through the learning of new skills, and overcoming fears, leading to higher levels of self esteem and reduction in anxiety and depression e.g. catching the bus to get to the project</p> <p>Improved decision making and problem solving skills leading to greater levels of independence and reduction in reliance on mental health services.</p> <p>Transfer of skills and habits learned leading to a healthier more active lifestyle including starting their own allotment.</p>				
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<b><u>Hinckley &amp; Bosworth Community Transport</u></b>  To develop a website to ensure elderly/disabled people, their carers/friends/relatives can more easily access information about community transport, and in turn reduce social isolation and improve their health and wellbeing. To be utilised to recruit more volunteer drivers	£750.00	Increased the number of enquiries for those wishing to volunteer, and resulted in increased volunteer drivers  Reached a wider audience of beneficiaries, by having an on line presence and promotion of the offer, and subsequent take up of provision	n/a	n/a	48	1
<b><u>Burbage Youth Project – Youth Counselling Service</u></b>  To reduce the number of young people within the Borough becoming at risk, vulnerable, isolated or socially excluded through issues effecting their emotional/mental health and wellbeing, by offering a free accessible, professional counselling service	£2989.00	Young people remaining in education/training or employment due to counselling support.  Improved family integration  Reduction of young people at risk and more young people staying safe.  Improved emotional health and wellbeing and in turn physical health and wellbeing	220	32	0	1

		Increased confidence, self-esteem and self- worth.				
<b><u>Local Area Co-ordination (LACS)/Barwell Community House – Mind over Matter</u></b> Provision in this priority neighbourhood, to people who need extra support to access counselling and/or support to break down barriers, gain self-worth, and confidence to take their lives forward in a positive direction. Provision of a seamless support offer to address a range of issues that an individual may be experiencing	£1193.60	Beneficiaries have developed coping mechanisms to deal with their issues and circumstances.  Built and supported sustainable support networks to reduce social isolation.  Provided space for honest, non – judgemental yet safe space for people to explore their mental health.  Beneficiaries have gained self-worth, confidence and self – awareness.	86	27	10	3

<b><u>The Way of the Horse – Project Rehabilitation Pony</u></b> Aimed at disadvantaged young people/adults suffering from mental health issues, or those socially isolated.  To encourage the individual to build a bond of trust with a rescue/abandoned pony, in turn allowing the vulnerable individual to grow in confidence, and take the next steps in conjunction with the recovering animal	£2940.00	Improved emotional wellbeing, and self confidence through the opportunity to learn, practice and develop a range of self awareness and personal development/life skills.  A decrease in levels of stress and anxiety, leading to improved decision making	104	8	6	1
<b><u>Hinckley Town Tennis Club – Inclusive Tennis</u></b> To enable the expansion of current provision offering inclusive tennis sessions to those with special needs	£1559.00	Extending delivery to a 2 hour session over a 10 week period has enabled relationships and trust to be built more quickly, (specifically with children and young people) improving the learning experience for all involved	78	40	5	2

		<p>Improved physical fitness and wellbeing, and in turn improved emotional health and wellbeing</p> <p>Increased confidence, self-esteem and self-worth, through the acquisition of a new skill/experience</p> <p>Owing to the success these sessions will be repeated in Summer 2018</p>				
<p><b><u>Leicestershire &amp; Rutland Youth Sailing Association – inclusive sailing</u></b></p> <p>To provide access to qualified LRYSA instructors and safety crew in enabling disadvantages and disabled people to enjoy the sailing experience</p> <p>To support the ongoing training of volunteer instructors in ensuring sustainability of this offer</p>	£2830.00	<p>Qualifications achieved:</p> <p>7 students qualified to level 2 power boat/safety boat cover.</p> <p>3 students qualified as keel boat instructors – a requirement for teaching those with disabilities</p> <p>7 students qualified in first aid advanced water safety</p> <p>4 students qualified as RYA dinghy instructors.</p> <p>Which has resulted in the LRYSA being able to respond to an ever increasing demand to train all</p>	110	54	12	2

		sections of the community, including: schools, the youth racing team, junior courses, adult courses, those with learning difficulties or disabilities, through our newly qualified volunteers				
<b><u>Community Action Hinckley &amp; Bosworth – Family Arts and Crafts</u></b> To deliver and expand access to social and non-formal learning opportunities through up to 3 sessions per week of volunteer managed creative arts and craft sessions at Wkyin Community House. Provision of support and signposting to other local groups and activities	£1200.00	<p>Participants have improved levels of confidence, and a sense of achievement through learning new creative skills.</p> <p>An increase in the number of members of the community engaging with community activities</p> <p>An increase in the establishment of friendships and support networks for community members, leading to improved emotional wellbeing</p> <p>Improved confidence of community volunteers who have supported activities, which has led to them initiating other activities within the community</p>	264	33	12	0

<b><u>Community Action Hinckley &amp; Bosworth – Wykin Neighbourhood Events</u></b> To support and enable volunteers in this priority neighbourhood to develop and delivery at least 4 major community events during a 12 month period. Events aimed at supporting families and individuals who have become socially isolated to enjoy neighbourhood activities as a first non-threatening step to inclusion	£800.00	Enabled volunteers to develop confidence, and to take ownership in independently developing and delivering community activities  Engaged socially isolated residents who have developed confidence, friendships and support networks  Enabled individuals and families to gain additional help and support, through signposting to relevant provision	70	180	12	0
<b><u>Peggs Close Community Group – Volunteer Development</u></b> Enhancing community provision through the development of community volunteering arrangements. Development and co-ordination of	£2232.15	Enabled volunteers to develop confidence, skills and friendships  Enabled volunteers to take ownership and increased responsibility in independently developing and delivering community activities, with support from Community Development	282	237	20	3

<p>arrangements enabling shared volunteers across the 3 community house areas: Barwell, Earl Shilton and Wykin (priority neighbourhoods)</p> <p>Increasing volunteer development whilst bringing new provision and opportunities to all 3 areas</p>		<p>workers – building community capacity</p> <p>An increase in the number of volunteers</p> <p>Enhanced the range of provision on offer to the community, across the 3 community house areas, and increased take up</p> <p>Developed confidence and self esteem of beneficiaries, resulting in an increased number of participants going on to join other social activities, outside of the project.</p>				
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